

**Support Groups in Macon County**  
Sponsored by  
**Healthy Carolinians of Macon County**

<b>Title</b>	<b>Subject</b>	<b>Day</b>	<b>Time</b>	<b>Place</b>	<b>Contact Name</b>	<b>Contact Phone</b>
Al-Anon	A 12-step support group aimed at helping family members of problemed drinkers	Wednesdays	8:00 PM	Smoky Mtn. Counseling Ctr., 100 Thomas Heights Rd. - Franklin		349-4357 369-5778
Al-Anon	A 12-step support group aimed at helping family members of problemed drinkers	Saturdays	10:00 AM	Asbury Methodist Church, 8289 Georgia Rd. - Otto		349-4357 369-5778
Al-Anon	A 12-step support group aimed at helping family members of problemed drinkers	Thursdays	12:00 Noon	First Presbyterian Church, Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Mondays	5:30 PM	First United Methodist Church, 66 Harrison Ave. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Closed, Step)	A 12-step support group aimed at helping problemed drinkers	Mondays	8:00 PM	Smoky Mtn. Counseling Ctr., 100 Thomas Heights Rd. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Mondays	8:00 PM	First Presbyterian Church Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811
Alcohol Anonymous - Men's Group (Closed)	A 12-step support group aimed at helping problemed drinkers	Tuesdays	7:30 AM	St. Agnes Episcopal Church, 39 Church St. -Franklin		349-4357 369-5778
Alcohol Anonymous - Big Book Study (Closed)	A 12-step support group aimed at helping problemed drinkers	Tuesdays	5:30 PM	First United Methodist Church, 66 Harrison Ave. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Tuesdays	5:30 PM	First Presbyterian Church Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Tuesdays	8:00 PM	First Presbyterian Church, 26 Church St., Franklin		524-9011
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Wednesdays	5:30 PM	First Presbyterian Church, Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811
Alcohol Anonymous - (Closed)	A 12-step support group aimed at helping problemed drinkers	Wednesdays	8:00 PM	Smoky Mtn. Counseling Ctr., 100 Thomas Heights Rd. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Thursdays	12:30 PM	St. Agnes Episcopal Church, 39 Church St. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Closed)	A 12-step support group aimed at helping problemed drinkers	Thursdays	5:30 PM	First United Methodist Church, 66 Harrison Ave. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Thursdays	5:30 PM	First Presbyterian Church, Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811

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Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Thursdays	7:30PM	Community Bible Church, 3645 Cashiers Rd. Highlands		349-4357 526-3811
Alcohol Anonymous - Newcomers (Open)	A 12-step support group aimed at helping problemed drinkers	Thursdays	8:00 PM	Smoky Mtn. Counseling Ctr., 100 Thomas Heights Rd. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Fridays	12:00 Noon	First Presbyterian Church, Main & 5 <sup>th</sup> St. - Highlands		349-4357 526-3811
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Fridays	5:30 PM	First United Methodist Church, 66 Harrison Ave. - Franklin		349-4357 369-5778
Alcohol Anonymous- (Open)	A 12-step support group aimed at helping problemed drinkers	Saturdays	10:00 AM	Asbury Methodist Church, 8289 Georgia Rd. - Otto		349-4357 369-5778
Alcohol Anonymous – (Spanish)	A 12-step support group aimed at helping problemed drinkers	Saturdays	7:00 PM	Latino Center, 130 Bidwell Street - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Saturdays	7:30 PM	Community Bible Church, 3645 Cashiers Rd. - Highlands		349-4357 526-3811
Alcohol Anonymous - Speaker's Meeting (Open)	A 12-step support group aimed at helping problemed drinkers	Saturdays	8:00 PM	Macon County Public Library, 108 Wayah St. - Franklin		349-4357 369-5778
Alcohol Anonymous - (Open)	A 12-step support group aimed at helping problemed drinkers	Sundays	8:00 PM	First Presbyterian Church, 26 Church St., Franklin		524-9011
Alcohol Anonymous - Big Book Study (Closed)	A 12-step support group aimed at helping problemed drinkers	Sundays	11:00 AM	Rides provided - meet at the City Restaurant between 10:20 and 10:40 AM		349-4357 369-5778
Alzheimer Support Group	Provides support for caregivers, family members, and persons coping with Alzheimer's Disease	2 <sup>nd</sup> Tuesday of Month	1:30 PM	Macon County Dept. on Aging; 125 Hyatt Rd. - Franklin	Sheila Jenkins	349-2058
Angel Medical Center Sibling Class	Provides help for preparing children for the arrival of a new brother or sister. This is an interactive class and course instructors are RN's.	Call to schedule a class	Varies	Angel Medical Center 197 Riverview Street Franklin, NC 29834		369-4421
Better Hearing of Macon County	A hearing loss support group	3 <sup>rd</sup> Thursday of Month	2:00 – 4:00 PM	Angel Medical Center, 197 Riverview St. – Franklin	Phil de Maintenon Helen Tunnell	524-9752 524-0558
Chronic Pain	For those suffering pain caused by injury/illness	4 <sup>th</sup> Monday of Month	7:00 PM	Angel Medical Center, 197 Riverview St.- Franklin	Ellen Linda	369-6717 369-2607
Celebrate Recovery - Franklin	A twelve step recovery program	Wednesdays	6:30 PM	Franklin Covenant Church, 265 Belleview Road - Franklin	Rick & Stephanie Campbell	369-2600 524-8854
Celebrate Recovery - Franklin	A twelve step recovery program	Mondays	6:30 PM	Macon Baptist Association Office, 110 Doraul Street - Franklin	Perry W.	349-2442
Diabetes Support Group	Provides support for persons and family members coping with Diabetes	4th Monday of Month	6:00 PM	Angel Medical Center, 197 Riverview St. - Franklin	Kim Watkins	369-4181

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Grief Support Group	Provides support for individuals of families coping with grief	Fridays	10:00 AM – 12:00	Highlands-Cashiers Hospital, P. O. Box 190 – Highlands, NC 28741	Helen Moore Martha Porter	526-0727 787-1463
Healing Hearts	For families grieving the loss of a pregnancy, infant, or child	3 <sup>rd</sup> Tuesday of Month	6:30 - 8:30 PM	Angel Medical Center, 197 Riverview St.-Franklin	Kristina	369-2152
Look Good, Feel Better	Wigs, Cosmetics, etc. for Women in Active Cancer Treatments				Southern Shears	524-9983
Macon County Adoption Support Group	Provides adoptive parents an outlet for discussion of issues on raising adoptive children	2 <sup>nd</sup> Monday of Month	5:30 PM	St. Francis Church (lower level), 299 Maple Street - Franklin	Dr. Fred List	349-5018
Nantahala AIDS Consortium	Provides services and support to persons with HIV/AIDS and their families in the six far-western counties of N.C.	Call for Schedule				(828) 586-8994 ext. 262 or Toll-Free 421-8802
Narcotics Anonymous	Provides an open discussion meeting	Fridays	7:30 PM	First Presbyterian Church, 26 Church Street - Franklin		(828) 258-4537
R.E.A.C.H. Support Group	Resources, Education, Assistance, Counseling, and Housing for Domestic Violence Victims	Thursdays	6:30 PM		Ann Van Harlingen	369-5544
Reach to Recovery	Breast Cancer Support Group	Call for Information			Lucille Cocke	369-7722
Visually Impaired Persons (VIP) Group	Provides information, resources and networking opportunities for the visually impaired.	2 <sup>nd</sup> Monday of Month	2:00 PM	First Baptist Church, 69 Iotla Street - Franklin	Susan Hart	349-2527
Widows Support Group	Support group to help widows deal with their memories	1 <sup>st</sup> Thursday of Month	2:00 PM	3655 Clarks Chapel Road Franklin	Grace Franklin	524-5092
WNC Dystonia Support Group	Support group for Dystonia - a neurological disorder affecting all ages	3 <sup>rd</sup> Saturday of odd numbered months	12:00 - 2:00 PM	Macon County Public Library – 819 Siler Road. - Franklin	Gloria McMaster	524-0240

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Any additions or updates can be submitted to:	Dawn Wilde Burgess, Program Director Rhonda Blanton, Program Assistant	Healthy Carolinians of Macon County 1830 Lakeside Drive Franklin, NC 28734			Phone (828) 349-2426	
				Phone (828) 349-2425		